

2008 Rising Stars Invitational

North St. Paul High School

2416 East 11th Ave., North St. Paul, MN 55109

Saturday, March 15th

Session #1

8:00-8:20
8:20-8:35
8:35-8:40
8:40-11:20
11:25

LEVEL 7

Open Stretch, bar setting
Timed Warm-up
March-In
Competition
Awards

Teams

Crowley's
*Gleason's E
Grand Rapids
Hastings
Jam-Hops
*Mini Hops
Perp. Motion
Roseville
TAGS S

Session #2

11:35-11:55
11:55-12:10
12:10-12:15
12:15-2:55
3:00

LEVEL 8

Open Stretch, bar setting
Timed Warm-up
March-In
Competition
Awards

Teams

Air Force
All Star
Crowley's
Flips
Grand Rapids
Granite City
Gym-Nation
Gym-Nest
Jam-Hops
Mini-Hops
Rising Stars
Roseville
TAGS S
*TCT

Session #3

3:10-3:30
3:30-3:45
3:45-3:50
3:50-6:30
6:35

LEVEL 7

Open Stretch
Timed Warm-up
March-In
Competition
Awards

Teams

Air Force
*Classic
*Flips
Granite City
Gym-Nation
Gym-Nest
North Shore
Rising Stars
Siouxland
*TCT

Session #4

6:45-7:05
7:05-7:20
7:20-7:25
7:25-9:50
9:55

LEVEL 7

Open Stretch
Timed Warm-up
March-In
Competition
Awards

Teams

Cedar Valley
*Dynamics
Elite
*Flyaways Gold
Midwest
MN Valley
Northern Flights
North Crest
Northwest
Spirit
TGA

* split in two groups

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North St. Paul High School

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Sunday, March 16th

Session #5

8:00-8:20
8:20-8:35
8:35-8:40
8:40-11:20
11:25

LEVEL 8

Open Stretch, bar setting
Timed Warm-up
March-In
Competition
Awards

Teams

Cedar Valley
*Classic
Flyaways Gold
*Gleason's E
Midwest
MN Valley
Northern Flights
North Crest
North Shore
Olympic
Siouxland
Spirit
Sunrise
TGA

Session #6

11:35-12:00
12:00-12:15
12:15-12:20
12:20-3:00
3:05

LEVEL 9 & 10

Open Stretch, bar setting
Timed Warm-up
March-In
Competition
Awards

Teams

Air Force 10
Classic 10
Flips 10
Gleason's E 9
Granite City 9
*Gym-Nest 9 & 10
Jam-Hops 10
Midwest 10
Mini-Hops 10
*North Crest 9 & 10
North Shore 10
Olympic 10
Perp. Motion 9
*Rising Stars 9 & 10
Siouxland 10
*TGA 9 & 10
*TCT 10

Session #7

3:15-3:35
3:35-3:50
3:50-3:55
3:55-6:30
6:35

LEVEL 9

Open Stretch
Timed Warm-up
March-In
Competition
Awards

Teams

Classic
Flips
Jam-Hops
Midwest
Mini-Hops
North Shore
Olympic
Siouxland
TAGS EP
TAGS S
TCT

* split in two groups