

Rising Stars Invitational

Levels 7-10

North St. Paul High School

2416 East 11th Ave, North St. Paul, MN 55109

Saturday, March 21st

Session #1

8:00-8:20
8:20-8:40
8:40-8:45
8:45-11:25
11:30

LEVEL 8

Open Stretch, bar setting
1st event warm-up (side A)
March-In
Competition
Awards

Teams

Dynamics
*Flyaways
Gleason,s MG
JLS
MN Aerials
Mini-Hops
N. Shore
Olympic
Rising Stars
Roseville
Spirit
*TCT

Session #2

12:00-12:20
12:20-12:40
12:40-12:45
12:45-3:25
3:30

LEVEL 9

Open Stretch, bar setting
1st event warm-up (side A)
March-In
Competition
Awards

Teams

*Classic
Flyaways
Gleason's MG
Jam-Hops
JLS
MN Aerials
Mini-Hops
N. Shore
Olympic
Perp. Motion
Rising Stars
Roseville
Tags EP
*TCT
Ultimate

Session #3

4:00-4:20
4:20-4:40
4:40-4:45
4:45-7:00
7:05

LEVEL 10/9

Open Stretch, bar setting
1st event warm-up (side A)
March-In
Competition
Awards

Teams

Classic 10
Flips 10
Gleason's MG 10
Jam-Hops 10
JLS 10
KAATS 10
Midwest 10
Mini-Hops 10
N. Shore 10
Olympic 10
Perp. Motion 10
Rising Stars 10
Tags EP 10
TCT 10
TGA 10
Ultimate 10
Gleason's E 9
Granite City 9
JETS 9
MN Valley 9
N. Crest 9
N. Flights 9
Spirit 9

* Team split into two groups

Rising Stars Invitational

Levels 7-10

North St. Paul High School

2416 East 11th Ave, North St. Paul, MN 55109

Sunday, March 22nd

Session #4

8:00-8:20
8:20-8:35
8:35-8:40
8:40-12:00
12:05

LEVEL 7

Open Stretch, bar setting
1st event warm-up (side A)
March-In
Competition
Awards

Teams

*Classic
Dynamics
Flyaways
Gym-Nation
JLS
Mini-Hops
N. Flights
Olympic
*Perp. Motion
Tags EP
Tags S
TCT
TGA
Ultimate

Session #5

12:30-12:50
12:50-1:10
1:10-1:15
1:15-3:55
4:00

LEVEL 8

Open Stretch, bar setting
1st event warm-up (side A)
March-In
Competition
Awards

Teams

*Classic
*Flips
Granite City
Grand Rapids
Jam-Hops
KAATS
MN Valley
N. Flights
N. Crest
Perp. Motion
Tags S
TGA
Ultimate

Session #6

4:25-4:45
4:45-5:00
5:00-5:05
5:05-8:25
8:30

LEVEL 7

Open Stretch
1st event warm-up (side A)
March-In
Competition
Awards

Teams

*Crowley's
Elite
Flips
Gleason's E
Gleason's MG
Granite City
Grand Rapids
Hastings
Jam-Hops
MN Valley
N. Crest
N. Shore
Olympic
Roseville

* Team split into two groups